

# Arm & Upper Body

## Size Chart & Measuring Instructions

This size chart is intended for use with the following styles: B943\*, 935, BV930, BV933, L933, DC-65, 650, 654.

**Your Design Veronique® arm and upper body garment size is based upon your upper bicep, bust, or under bust measurements.** Keep in mind that compression garments are designed for a snug fit. Optimal compression and support require accurate measurements. To accommodate dressings or excessive swelling, you may prefer a larger size.

### MEASURING INSTRUCTIONS:

To ensure a proper fit, please have someone else take your measurements and avoid wearing bulky clothes. Your feet should be hip width apart and your arms relaxed at your sides. We recommend using a cloth measuring tape. Hold the tape level and firmly, but do not allow it to “dig” into your skin or clothing.

**Upper Bicep:** You will need assistance to take this measurement. With arms relaxed at your sides, measure the fullest part of the upper arm, at or above the bicep.

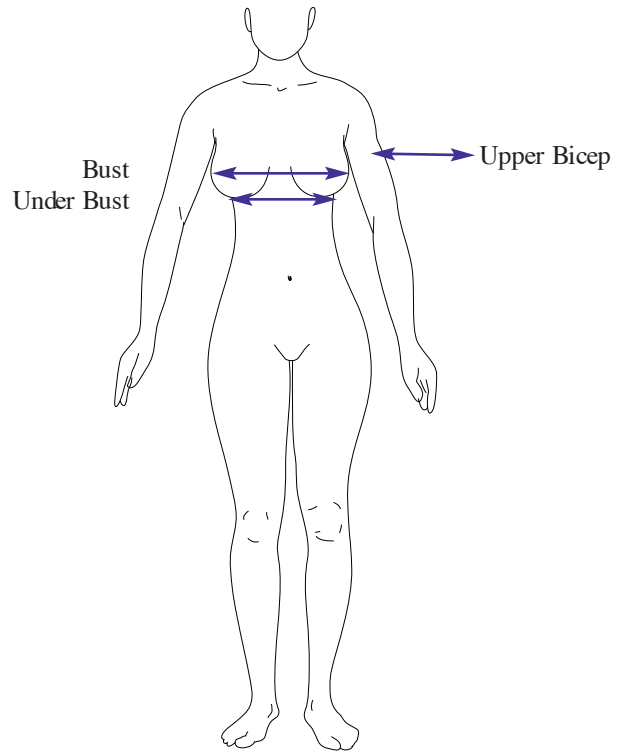
**Bust:** For Boleros and vests styles, measure the fullest part of the bust while wearing usual undergarments.

**\*Under Bust:** For bras with sleeves (B943), the under bust measurement is used in place of the bust measurement.

### Measuring and fit tips...

- The bra and bodice of the upper body and arm garments are adjustable.
- If between sizes, the determining measurement should be the upper bicep.

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Match your upper bicep, bust, or under bust measurements to the chart below to find the appropriate size.

Size (cm)	Bicep	Bust	Under Bust
XS	24 - 26	69 - 74	63 - 67
S	27 - 28	75 - 82	68 - 77
M	29 - 31	83 - 92	78 - 87
L	32 - 33	93 - 102	88 - 98
XL	34 - 36	103 - 112	99 - 108
XXL	37 - 39	113 - 123	109 - 118
3X	40 - 42	124 - 133	119 - 124
4X	43 - 46	134 - 143	125 - 132

### Web Links

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