

# Male Garments

## Size Chart & Measuring Instructions

This size chart is intended for use with the following styles: 640, 1240, 642, DC-64, V840, V1640, 840, 1640, 743, G740, BS843, 340-9, 340-12.

**Your Design Veronique® male garment size is based upon your upper chest, waist, and lower hip measurements.** Keep in mind that compression garments are designed for a snug fit. Optimal compression and support require accurate measurements. To accommodate dressings or excessive swelling, you may prefer a larger size.

### MEASURING INSTRUCTIONS:

To ensure a proper fit, please have someone else take your measurements and avoid wearing bulky clothes.

Your feet should be hip width apart and your arms should be relaxed at your sides. We recommend using a cloth measuring tape; hold the tape level and firmly, but do not allow it to “dig” into your skin or clothing.

**Chest:** With arms relaxed at sides, standing straight with feet shoulder width apart, measure the fullest part of the chest.

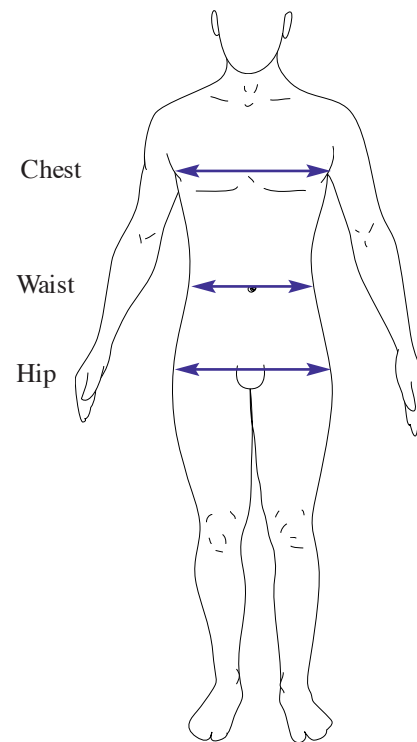
**Waist:** Measure around the waist at the navel.

**Hip:** Measure around the fullest part of the hips, keeping the tape measure parallel to the floor.

### *Measuring and fit tips...*

- Most male garments have adjustable shoulder straps to accommodate a broad range in height.
- Clothing sizes and actual measurements can vary significantly. Your compression garment should not be based on your clothing measurements.
- Measure twice for accuracy.
- Remove shoes.
- When between sizes, choose the larger size.

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Match your chest, waist, and hip measurements to the chart below to find the appropriate size. If your measurements fall into different sizes, choose the larger size. For instance, your hips are M (37"), chest is L (43") & waist is L (32"), choose size L

Size (inch)	Waist	Hip	Chest
S	31" - 33"	36" - 38"	35" - 37"
M	34" - 36"	39" - 41"	38" - 41"
L	37" - 39"	42" - 44"	42" - 45"
XL	40" - 43"	45" - 47"	46" - 49"
XXL	44" - 48"	48" - 51"	50" - 53"
3X	49" - 53"	52" - 55"	54" - 58"
4X	54" - 56"	56" - 59"	59" - 62"

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