

## Rubenesque Girdles

### Size Chart & Measuring Instructions

This size chart is intended for use with the following styles:  
R750, R754, R756, R850, R854, R856.

#### MEASURING INSTRUCTIONS:

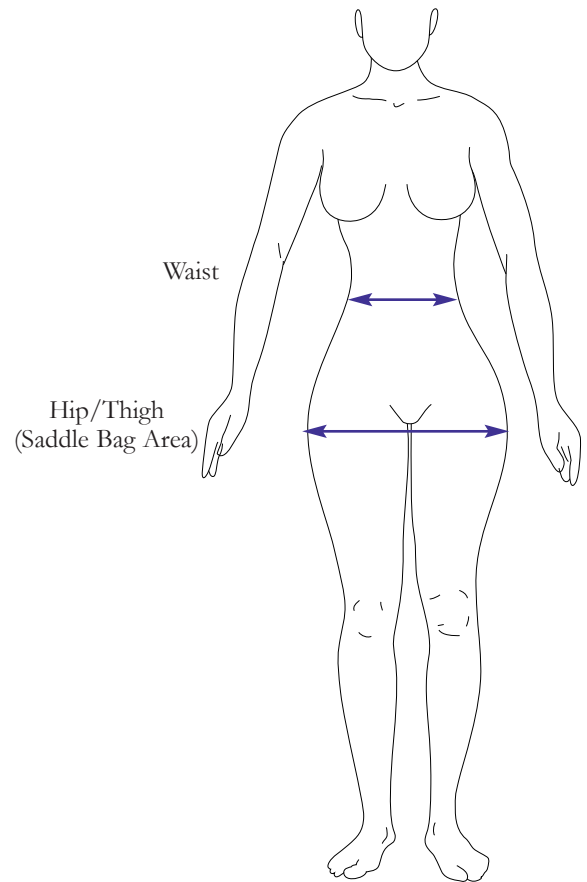
**Waist:** Measure around the **smallest** part of the waistline.

**Hip/Thigh:** Measure around the **fullest** part of the hips (Saddle Bag Area), 9-10" from the waist. Keep the tape measure parallel to the floor.

#### *Measuring and fit tips...*

- To ensure a proper fit, please have someone else take your measurements and avoid wearing bulky clothes.
- Your feet should be 2-3" apart and your arms relaxed at your sides.
- Use a cloth measuring tape & measure twice for accuracy.
- Hold the tape level and firm, but do not allow it to "dig" into your skin or clothing.
- When between sizes, choose the larger size.

For expert advice or more information, contact  
Customer Service at 800.442.5800 or  
[cs@designveronique.com](mailto:cs@designveronique.com)



Match your waist and hip measurements to the chart below to find the appropriate size.

If your measurements fall into different sizes, choose the larger size.

Size (inch)	Waist	Hip
XS	18" - 20"	31" - 33"
S	21" - 23"	34" - 36"
M	24" - 26"	37" - 39"
L	27" - 29"	40" - 42"
XL	30" - 32"	43" - 45"
XXL	33" - 36"	45" - 48"
3X	37" - 40"	49" - 52"
4X	41" - 44"	53" - 56"